

# make a small change . .

# Make a Big Difference!

### **Lighting** – consumes nearly **1/3** of a building's electric load

Maximize natural and fluorescent task lighting to minimize use of overhead lights.

Turn off lights when you leave a room for lengthy periods, especially at the end of your workday.

## Computers & Office Equipment – consumes up to 1/4 of a building's electric load

"Energy Saver" modes conserve power. Enable power management features on your computer monitor, CPU, printers and copy machines.

Turn off "phantom loads". Utilize power strips to turn off your PC monitor, printers and other equipment (especially chargers) at the end of the workday.

Laptops use less power than desktop models. When you replace or upgrade computers, consider a laptop with docking station.

#### **Personal Electronics**

Personal heaters, fans, coffee pots, and other appliances are an additional strain on energy resources. Please limit your use, and for safety's sake, ensure they are turned off at the end of the workday.

#### **Human Power**

For a heart-healthy alternative – take the stairs!

# Be an Energy Star!

Enter to win our Energy Conservation Green Prize for you and your work team!

Tell us about how you save energy and the environment in your workplace (in 150 words or less) and we'll select the best practice in each Federal Building. Please email BeAnEnergyStar@gsa.gov

Include your name, telephone, agency and room number

Winners and their co-workers could win a great basket of "green" goodies to share!

Join us for an

Energy Awareness
celebration!

26 Federal Plaza Lafayette Street Lobby Wednesday, October 17<sup>th</sup> 10:00 am – 2:00 pm